PSYCHOLOGY PROGRAM
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Program Description
Psychology is a hub science with a humanistic core. What this means is that psychology lay at the crossroads of multiple disciplines and perspectives. While students of biology examine what it means to be human from a biological/evolutionary perspective, students of sociology and anthropology from a cultural perspective, students of philosophy from a philosophical perspective, students of literature from a deeply personal perspective, and students of religion (and philosophy) from a moral perspective, the student of psychology realizes that a full understanding of what it means to be human can only be obtained by combining all of these perspectives. As a discipline, that is exactly what psychology attempts to do.

While a major in psychology is valuable because it brings one closer to unraveling the complexities of human nature, it is not more than an intellectual pursuit. Those who study psychology are well positioned to solve important practical problems and to help people. For example, psychologists attempt to empower individuals and families to battle mental illness, drug dependence and addiction, or meet the challenges of marriage and family, school and work. Psychologists work in business settings to design effective organizational structures, systems of reward and recognition, and to facilitate effective leadership, productivity, and employee well-being. Psychologists work in legal settings as jury consultants and expert witnesses. Still other psychologists work with athletes, artists, or business executives to facilitate performance and achievement.

The psychology degree program at Dixie State College contributes to these potential outcomes in at least three ways. First, as a psychology major you will be encouraged to embrace the value of a strong foundation in the liberal arts and sciences through the College’s general education program. The general education courses you take provide an essential foundation for more focused study in psychology. Your general education courses will provide you with exposure to the multiple perspectives (biological, philosophical, etc.) that converge in
psychology. The general education program will also provide a foundation of essential academic and intellectual skills that will be further developed in psychology, including critical thinking, effective communication, information literacy, and statistical literacy.

Second, as a psychology major you will have significant freedom to explore multiple disciplines in-depth according to your own interests in psychology. This allows you to deepen your foundation in the liberal arts and sciences by taking more advanced elective courses in the fine arts and humanities, literature, communication, the physical and natural sciences, the social and behavioral sciences, and business, among others.

Third, the psychology degree requirements include a rigorous set of core courses that are essential to your development as a student of psychology. Whatever you specific interests within psychology, the core courses comprise what the faculty feel are an essential foundation to more advanced study and understanding. Our degree requirements also allow you to explore the depth and diversity of psychology through upper-division course-work in the primary research areas which include social, developmental, biological, cognitive, clinical/counseling, and applied psychology. It is here that you will receive exposure to and experience with all that psychology, as an academic discipline, and an applied science, has to offer.

Finally, as a psychology major you will have multiple opportunities for hands-on experiences, close student-faculty relationships, and social engagement both informally and through membership in the psychology club. As a psychology major you will find a faculty who are committed to the intellectual, professional, and personal development of every student, whatever their ultimate goals may be.

The Psychology Program at Dixie State College is committed to the following:

• Developing students who value the search for knowledge by means of scientific methods and research and to providing students with the knowledge and skills to do so.
• Developing students who appreciate and understand that behavior results from a complex interaction between physiological systems, genetic influences, experiential and environmental factors and social forces.
• Developing students whose understanding of psychology reflects an integration of a variety of theoretical perspectives.
• Developing students who understand the principles of psychology within a broad liberal arts and science perspective.
• Developing students who appreciate the power of applied psychology to foster physical, psychological, and communal well-being.
• Inspiring students to act ethically as scholars and as future practitioners of psychology.
• Inspiring students to value and to use critical thinking as students, scholars, consumers of media, and targets of influence.
• Inspiring students to commit themselves to a lifetime pursuit of knowledge and understanding.

Degrees & Certificates

• Bachelor of Arts in Psychology
• Bachelor of Science in Psychology

Bachelor of Arts in Psychology 120 credits

The Bachelor of Arts in Psychology has six basic components:

1. Lower-division, General Education Requirements, excluding Social & Behavioral Science, which is included in the Core Discipline Requirements (28 – 30 credits).
2. Foreign Language (16 credits).
3. Core Discipline Requirements (20 credits).
4. Discipline Research Area Requirements (18 – 19 credits).
5. Psychology Elective Requirements (9 credits).
6. Other Electives (up to 29 credits).

General Education

All DSC General Education requirements must be fulfilled. A previously earned degree may fulfill those requirements. However, courses must be equivalent to DSC's minimum General Education standards in the following subjects:

• American Institutions
• English
• Mathematics
DSC General Education Requirements
Complete the following:
- ENGL 1010 Intro to Writing 3.0
- ENGL 2010 Intermediate Writing 3.0
- CIS 1200 Computer Skills 3.0
- LIB 1010 Information Literacy 1.0
- MATH 1040 Intro to Statistics 3.0

Complete the following:
- American Institutions GE approved course 3.0
- Life Sciences GE approved course 3.0-5.0
- Physical Science GE approved course 3.0-5.0
- Fine Arts / Communication GE approved course 3.0
- Literature / Humanities GE approved course 3.0

Complete the following:
- Credits in a single foreign language (excluding ASL) through college courses, vertical credit, or examination 16.0

Discipline Core Requirements
Complete all of the following:
- PSY 1010 General Psychology 3.0
- PSY 2000 Writing in Psychology, APA Style 3.0
- PSY 3000 Statistical Methods in Psychology 4.0
- PSY 3010 Research Methods in Psychology 4.0
- PSY 4000 History of Psychology 3.0

Complete one of the following:
- PSY 4910 Capstone Research in Psychology (3.0)
- PSY 4920 Capstone Seminar in Psychology (3.0)

Research Area Requirements
Complete two of the following:
- PSY 3200 Development in Infancy & Childhood (3.0)
- PSY 3220 Psy of Adolescence & Emerging Adulthood (3.0)
- PSY 3230 Adult Development & Aging (3.0)
- PSY 3410 Social Psychology (3.0)
- PSY 3700 Personality Theory (3.0)

Complete two of the following:
- PSY 3120 Cognitive Psychology (3.0)
- PSY 3710 Behavioral Neuroscience (3.0)
- PSY 4130 Interpersonal Neuroscience (3.0)
- PSY 4140 Cognitive Neuroscience (3.0)
- PSY 4150 Sensation & Perception (3.0)

Complete two of the following:
- PSY 3400 Psychology of Abnormal Behavior (3.0)
- PSY 3440 Child & Family Mental Health (3.0)
- PSY 3460 Health Psychology (3.0)
- PSY 4300 Intro to Counseling & Psychotherapy (4.0)
- PSY 4400 Addiction (3.0)
Psychology Electives

- Complete a minimum of 9 additional PSY credits
  (6 credits must be upper-division)

Graduation Requirements

1. Complete a minimum of 120 college-level credits (1000 and above).
2. Complete at least 40 upper-division credits.
3. Complete at least 30 upper-division credits at DSC for institutional residency.
4. Cumulative GPA 2.0 or higher.
5. Grade C or higher in each Core Discipline, Research Area, and Psychology Elective Requirement course.

Bachelor of Science in Psychology

The Bachelor of Science in Psychology has five basic components:

1. Lower-division, General Education Requirements, excluding Social & Behavioral Science, which is included in the Core Discipline Requirements (28 – 30 credits).
2. Core Discipline Requirements (20 credits).
3. Discipline Research Area Requirements (18 – 19 credits).
4. Psychology Elective Requirements (9 credits).
5. Other Electives (up to 45 credits).

General Education

All DSC General Education requirements must be fulfilled. A previously earned degree may fulfill those requirements. However, courses must be equivalent to DSC’s minimum General Education standards in the following subjects:

- American Institutions
- English
- Mathematics

DSC General Education Requirements

Complete the following:

- ENGL 1010 Intro to Writing 3.0
- ENGL 2010 Intermediate Writing 3.0
- CIS 1200 Computer Skills 3.0
- LIB 1010 Information Literacy 1.0
- MATH 1040 Intro to Statistics 3.0

Complete the following:

- American Institutions GE approved course 3.0
- Life Sciences GE approved course 3.0-5.0
- Physical Science GE approved course 3.0-5.0
- Fine Arts / Communication GE approved course 3.0
- Literature / Humanities GE approved course 3.0

Discipline Core Requirements

Complete all of the following:

- PSY 1010 General Psychology 3.0
- PSY 2000 Writing in Psychology, APA Style 3.0
- PSY 3000 Statistical Methods in Psychology 4.0
- PSY 3010 Research Methods in Psychology 4.0
- PSY 4000 History of Psychology 3.0
- PSY 4910 Capstone Research in Psychology 3.0
Research Area Requirements
Complete two of the following: 6.0

- PSY 3200 Development in Infancy & Childhood (3.0)
- PSY 3220 Psy of Adolescence & Emerging Adulthood (3.0)
- PSY 3230 Adult Development & Aging (3.0)
- PSY 3410 Social Psychology (3.0)
- PSY 3700 Personality Theory (3.0)

Complete two of the following: 6.0

- PSY 3120 Cognitive Psychology (3.0)
- PSY 3710 Behavioral Neuroscience (3.0)
- PSY 4130 Interpersonal Neuroscience (3.0)
- PSY 4140 Cognitive Neuroscience (3.0)
- PSY 4150 Sensation & Perception (3.0)

Complete two of the following: 6.0-7.0

- PSY 3400 Psychology of Abnormal Behavior (3.0)
- PSY 3440 Child & Family Mental Health (3.0)
- PSY 3460 Health Psychology (3.0)
- PSY 4300 Intro to Counseling & Psychotherapy (4.0)
- PSY 4400 Addiction (3.0)

Psychology Electives 9.0

- Complete a minimum of 9 additional PSY credits
  (6 credits must be upper-division)

Graduation Requirements

1. Complete a minimum of 120 college-level credits (1000 and above).
2. Complete at least 40 upper-division credits.
3. Complete at least 30 upper-division credits at DSC for institutional residency.
4. Cumulative GPA 2.0 or higher.
5. Grade C or higher in each Core Discipline, Research Area, and Psychology Elective Requirement course.