SOCIAL & BEHAVIORAL SCIENCES DEPARTMENT
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http://dixie.edu/humanities/psychology.php

To find faculty & staff phone numbers and email addresses, please consult the University Directory http://www.dixie.edu/directory/directory.php.

Department Chair
Dannelle Larsen-Rife, Ph.D.

Department Secretary
Lory Mattucci

Faculty

Professor
Matt Smith-Lahrman, Ph.D.

Associate Professors
Robert Carlson, Ph.D.
John Jones, Ph.D.

Assistant Professor
Christine Chew, Ph.D.
Dannelle Larsen-Rife, Ph.D.
Kristine Olson, Ph.D.
Michael Rahilly, Ph.D.

Lecturer/Advisors
Aaron Combs, B.S.
Deborah Decker, B.S.

School of Humanities

Dean
Donald Hinton, Ph.D.

Administrative Assistant
Lory Mattucci

Program Description
Psychology is a hub science with a humanistic core. What this means is that psychology lay at the crossroads of multiple disciplines and perspectives. While students of biology examine what it means to be human from a biological/evolutionary perspective, students of sociology and anthropology from a cultural perspective, students of philosophy from a philosophical perspective, students of literature from a deeply personal perspective, and students of religion (and philosophy) from a moral perspective, the student of Psychology realizes that a full understanding of what it means to be human can only be obtained by combining all of these perspectives. As a discipline, that is exactly what Psychology attempts to do.

While a major in Psychology is valuable because it brings one closer to unraveling the complexities of human nature, it is not more than an intellectual pursuit. Those who study Psychology are well positioned to solve important practical problems and to help people. For example, psychologists attempt to empower individuals and families to battle mental illness, drug dependence and addiction, or meet the challenges of marriage and family, school and work. Psychologists work in business settings to design effective organizational structures, systems of reward and recognition, and to facilitate effective leadership, productivity, and employee well-being. Psychologists work in legal settings as jury consultants and expert witnesses. Still other psychologists work with athletes, artists, or business executives to facilitate performance and achievement.

The Psychology degree program at Dixie State University contributes to these potential outcomes in at least three ways. First, as a Psychology major you will be encouraged to embrace the value of a strong foundation in the liberal arts and sciences through the College’s general education program. The general education courses you take provide an essential foundation for more focused study in psychology. Your general education courses will provide you with exposure to the multiple perspectives (biological, philosophical, etc.) that converge in Psychology. The general education program will also provide a foundation of essential academic and intellectual skills that will be further developed in Psychology, including critical thinking, effective communication, information literacy, and statistical literacy.

Second, as a Psychology major you will have significant freedom to explore multiple disciplines in-depth according to your own interests in Psychology. This allows you to deepen your foundation in the liberal arts and sciences by taking more advanced elective courses in the fine arts and humanities, literature, communication, the physical and natural sciences, the social and behavioral sciences, and business, among others.

Third, the Psychology degree requirements include a rigorous set of core courses that are essential to your development as a student of Psychology. Whatever your specific interests within Psychology, the core courses comprise what the faculty feel are an essential foundation to more advanced study and understanding. Our degree requirements also allow you to explore the depth and diversity of Psychology through upper-division course-work in the primary research areas which include social, developmental, biological, cognitive, clinical/counseling, and applied Psychology. Here that you will receive exposure to and experience with all that Psychology, as an academic discipline, and an applied science, has to offer.

Finally, as a Psychology major you will have multiple opportunities for hands-on experiences, close student-faculty relationships, and social engagement both informally and through membership in the Psychology Club. As a Psychology major you will find a faculty who are committed to the intellectual, professional, and personal development of every student, whatever their ultimate goals may be.

The Psychology Program at Dixie State University is committed to the following:

• Developing students who value the search for knowledge by means of scientific methods and research and providing students with the knowledge and skills to do so.
• Developing students who appreciate and understand that behavior results from a complex interaction between physiological systems, genetic influences, experiential and environmental factors and social forces.
• Developing students whose understanding of Psychology reflects an integration of a variety of theoretical perspectives.
• Developing students who understand the principles of Psychology within a broad liberal arts and science perspective.
• Developing students who appreciate the power of applied Psychology to foster physical, psychological, and commu-
nal well-being.

• Inspiring students to act ethically as scholars and as future practitioners of Psychology.
• Inspiring students to value and to use critical thinking as students, scholars, consumers of media, and targets of influence.
• Inspiring students to commit themselves to a lifetime pursuit of knowledge and understanding.

Course Prefixes

• PSY, SW

Degrees

• Bachelor of Arts / Science in Psychology
• Psychology Emphasis in Integrated Studies BA/BS
• Sociology minor
• Sociology Emphasis in Integrated Studies BA/BS

Career Strategies

In addition to the required coursework for psychology, students can do the following to enhance their career opportunities:

• Develop academic research skills and experience
• Develop strong command of the APA writing style and good oral communication skills
• Maintain a high grade point average and consider pursuing an advanced degree
• Gain relevant experience through internships and related part-time employment
• Do volunteer work in programs such as Big Brother/Sister, Special Olympics, Senior Centers, etc.
• Learn to work well with people from diverse backgrounds
• Learn how to prepare grant applications
• Earn a minor in a complimentary major

Career Opportunities

A bachelor’s degree in psychology provides a broad, liberal arts background, which can “open doors” for graduates in seeking entry level employment in a variety of professional occupations such as business, sales, or social agencies. Students may wish to pursue graduate education in psychology, social work, counseling, academic advisement, or other related fields as a way increasing earning potential.

The advanced study of psychology includes many broad and diverse specialty areas, which can lead to careers primarily in education, healthcare, or private practice such as listed below:

• Academia (teaching and research)
• Clinical Psychologist
• Educational, Vocational, and School Counselor
• Marriage and Family Therapist
• Experimental Psychologist
• Industrial/Organizational Psychologist
• Forensic Psychologist
• Program Evaluator
• Sport Psychologist
• Human Factors Specialist

• Counseling Psychologist
• Substance Abuse and Behavioral Disorder Counselor

Job Outlook

The overall job growth expectations for the future are positive, but can vary by specificity and by educational level. Advanced degrees will increase job marketability and income.

Salary Range

Salaries will vary widely depending on factors such as level of education, specialty, and geographic location. On average this would be $48,000 to $68,000. For more information refer to the American Psychological Association at www.apa.org/careers/resources.

Bachelor of Arts / Science in Psychology

120 credits

The Bachelor of Arts / Science in Psychology has six basic components:

1. General Education & Institutional Requirements
2. Foreign Language Requirement (Bachelor of Arts only)
3. Core Psychology Requirements
4. Psychology Research Area Requirements
5. Psychology Elective Requirements
6. Other Electives

General Education & Institutional Requirements

All DSU General Education and Institutional requirements must be fulfilled. A previously earned degree may fulfill those requirements, but courses must be equivalent to DSU’s minimum General Education standards in American Institutions, English, and Mathematics.

Institutional Requirement in Computer Literacy

Complete one of the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>CIS 1200</td>
<td>Computer Literacy</td>
<td>3</td>
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<tr>
<td>CIS 1201</td>
<td>Computer Literacy Exam</td>
<td>0</td>
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<tr>
<td>CS 1400/10</td>
<td>Computer Programming</td>
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General Education Requirements

Complete the following:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>ENGL 1010</td>
<td>Intro to Writing</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 2010</td>
<td>Intermediate Writing</td>
<td>3</td>
</tr>
<tr>
<td>MATH 1040</td>
<td>Intro to Statistics</td>
<td>3</td>
</tr>
</tbody>
</table>
### Complete one of the following:
- **LIB 1000** Information Literacy Exam 0
- **LIB 1010** Information Literacy 1

### Complete the following:
- American Institutions GE course 3
- Life Sciences GE course 3-5
- Physical Sciences course 3-5
- Laboratory Science GE course 0-1
- Fine Arts GE course 3
- Literature/Humanities GE course 3
- Social & Behavioral Sciences GE course 3
- Exploration GE course 3-5
- Two (2) Global & Cultural Perspectives GE courses 0-6

### Bachelor of Arts: Foreign Language Requirement
Complete the following:
16 credits in a single foreign language (by coursework or vertical credit); OR foreign language 2020 or 3060 class (≥C); OR foreign language 1020 class (≥C) and 12 credits FLATS/FL-GE in another language; OR nonnative speakers may use ESL test or specific course(s). 3-16

### Core Psychology Requirements
Complete the following:
- **PSY 1010/A** General Psychology 3
- **PSY 2000** Writing in Psychology, APA Style 3
- **PSY 3000** Statistical Methods in Psychology 4
- **PSY 3010** Research Methods in Psychology 4
- **PSY 4000** History of Psychology 3

Complete one of the following:
- **FCS 1500** Human Development Through Lifespan 3
- **PSY 1100** Human Development Through Lifespan 3

**BACHELOR OF ARTS:** Complete one of the following:
- **PSY 4910** Capstone Research in Psychology 3
- **PSY 4920** Capstone Seminar in Psychology 3

**BACHELOR OF SCIENCE:** Complete the following:
- **PSY 4910** Capstone Research in Psychology 3

### Research Area Requirements
Complete three of the following:
- **PSY 3200** Development in Infancy & Childhood 3
- **PSY 3220** Psy of Adolescence & Emerging Adult 3
- **PSY 3230** Adult Development & Aging 3
- **PSY 3410** Social Psychology 3
- **PSY 3700** Personality Theory 3

Complete two of the following:
- **PSY 3120** Cognitive Psychology 3
- **PSY 3710** Behavioral Neuroscience 3
- **PSY 4130** Interpersonal Neuroscience 3
- **PSY 4140** Cognitive Neuroscience 3
- **PSY 4150** Sensation & Perception 3

### Complete two of the following:
- **PSY 3400** Psychology of Abnormal Behavior 3
- **PSY 3440** Child & Family Mental Health 3
- **PSY 3460** Health Psychology 3
- **PSY 4300** Intro to Counseling & Psychotherapy 4
- **PSY 4400** Addiction 3

### Psychology Electives
Complete a minimum of 9 credits of additional PSY courses; (6 credits must be upper-division)

### Graduation Requirements
1. Complete a minimum of 120 college-level credits (1000 and above).
2. Complete at least 40 upper-division credits (3000 and above).
3. Complete at least 30 upper-division credits at DSU for institutional residency.
4. Cumulative GPA 2.0 or higher.
5. Grade C or higher in each Core Discipline, Research Area, and Psychology Elective course.

### SAMPLE EDUCATIONAL PLAN

**BACHELOR OF SCIENCE IN PSYCHOLOGY**

**FALL SEMESTER, 1st Year** (15 credits)
- **ENGL 1010** Intro to Writing 3
- **LIB 1010** Information Literacy 1
- **MATH 1010** Intermediate Algebra 4
- **PSY 1001** FYE: Psychology/Social Sciences 1
- **PSY 1010** General Psychology 3
- **Elective** Any course 3

**SPRING SEMESTER, 1st Year** (15 credits)
- **CIS 1200** Computer Literacy 3
- **MATH 1040** Intro to Statistics 3
- **PSY 1100** Human Development 3
- **PSY 2000** Writing in Psychology: APA Style 3
- **Elective** Any course 3

**FALL SEMESTER, 2nd Year** (16 credits)
- **ENGL 2010** Intermediate Writing 3
- **PSY Elective** Social/Developmental Course 3
- **General Education** Fine Arts 3
<table>
<thead>
<tr>
<th>General Education</th>
<th>Life Sciences / Lab</th>
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**SPRING SEMESTER, 2nd Year**  
(16 credits)

<table>
<thead>
<tr>
<th>PSY 3000</th>
<th>Statistical Methods in Psychology</th>
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<td>PSY Elective</td>
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<td>3</td>
</tr>
<tr>
<td>General Education</td>
<td>American Institutions</td>
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<tr>
<td>General Education</td>
<td>Exploration</td>
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</tr>
<tr>
<td>Elective</td>
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**FALL SEMESTER, 3rd Year**  
(16 credits)

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<td>PSY Elective</td>
<td>Clinical/Applied Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSY Elective</td>
<td>Social/Developmental Course</td>
<td>3</td>
</tr>
<tr>
<td>General Education</td>
<td>Literature/Humanities</td>
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<tr>
<td>Elective</td>
<td>Any Course</td>
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**SPRING SEMESTER, 3rd Year**  
(15 credits)

<table>
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<tbody>
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<td>Social/Developmental Course</td>
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<tr>
<td>PSY Elective</td>
<td>Any Upper-Division PSY Course</td>
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<td>General Education</td>
<td>Global and Cultural Perspectives</td>
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<tr>
<td>Elective</td>
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**FALL SEMESTER, 4th Year**  
(15 credits)

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<th>PSY 4000</th>
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<tr>
<td>PSY Elective</td>
<td>Any Psychology Course</td>
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<tr>
<td>General Education</td>
<td>Physical Sciences</td>
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**SPRING SEMESTER, 4th Year**  
(12 credits)

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<tr>
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<tbody>
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